

Caboolture Neighbourhood Centre

Our team of staff and volunteers are committed to helping our community. You are welcome to call or come in and see us.

Our Mission Statement:

“Supporting Individuals and Community”

Our Vision Statement:

“To build a sense of community by creating and inclusive and empowering environment”



Caboolture Neighbourhood Centre

9 George Street
Caboolture Q 4510

Ph: 5495 3818

Fax: 5432 9308

Email: reception@caboolturenhc.com.au



Funded by



CNC PROGRAMS & Activities Overview

2020

Updated: 10/10/2019

CNC SERVICES

The Caboolture Neighbourhood Centre is a friendly local service. We offer a range of support programs to help meet individual and community needs for the residents within the Moreton Bay region. We provide access to skilled professionals, who can assist members of the community.

The groups that use the Centre are:

- AA (Big Book Recovery)
- Men Supporting Men
- Wesleyan Methodist Church

Centre based courses as required are:

- Emerging From The Storm (EFTS)
[Anger Management for Adults]
- Bursting Angry Bubbles (BABS)
[Anger Management for Children 7—12yrs]
- English classes
- Parenting Skills Course (PSC)
- Building On Women's Strengths (BOWS)

New Programs

Bubbles Kids Cooking® using the same model as "Dads On A Journey"© ((for Men who have used domestic violence as a means of control) is a 8 week early intervention program for children who are likely to be, or have been exposed to domestic or family violence.

For further information please phone 5495 2571

Heartspace Breast Cancer Support Program is for women who are interested in dealing with grief and loss from breast cancer; obtaining personal growth and self awareness; dealing with personal and family issues; personal empowerment and socialisation.

For further information please phone: 5495 3818

CSP

Community Support Program

The CSP program is a volunteer based information and referral service.

The program seeks to build community capacity through the provision of services, groups and courses that respond to the needs, safety and wellbeing of individuals, families and diverse community groups;

- Form Filling Service
- Tax Help service endorsed by the ATO
- CNC counselling and Budgeting Services
- Community Garden and Community Kitchen
- Legal Advice service
- Immigration & Visa Advice service
- Rainbows Children's Anger Management **Fee for Service** Course

CAMS

Community Action for a Multicultural Society

The CAMS program investment centres on delivering outcomes in social connectedness for culturally and linguistically diverse (CALD) individuals and community groups.

Through the focus on outcomes in social connectedness for CALD Queenslanders, the CAMS program is about:

- Increasing ability for CALD individuals and community groups to participate positively in their community
- Increase public awareness of the needs and issues experienced by vulnerable CALD Queenslanders
- Improving liveability, cohesion and inclusion in Queensland communities

CCaBSS & FaRSS

CCaBSS (Caboolture Counselling and Budgeting Support Service) under targeted support and FaRSS (Family and Relationship Support Service).

- Develop strong healthy relationships within the family unit
- Provide practical support for the families including budgeting support, parenting support and daily household living skills
- Prevent entry or re-entry to the statutory child protection system through counselling and budgeting services

The purpose of FaRSS is to:

- Improve the wellbeing and safety of children, young people and their families.
- Build the capacity of families to care for and protect their children.
- Provide linkages to local support services/ community groups to enable families to access resources to build their capacity to solve problems and make positive choices and changes.
- Prevent entry or re-entry to the statutory child protection system through counselling services.

BABS In-school

The BABS In-school program is an 8 week course in anger management for school age children.

It helps them to learn how to manage anger and negative emotions, cope with stress and pressure more effectively, and gain confidence.

For bookings phone: 5495 2571