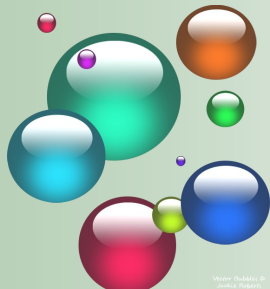


Bubbles Kids Cooking©

An 6 week early intervention and prevention program for children who are likely to be, or have been exposed to domestic or family violence.



Cooking for lifelong learning



Caboolture Neighbourhood Centre
9 George Street
Caboolture Q 4510

Caboolture Counselling and
Budgeting Support Service
(CCaBSS)

Ph: 5495 2571

Fax: 5432 9308

Email: ccabss1@caboolturenhc.com.au



Funded by



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Neighbourhood Centre Caboolture Inc.

PO Box 1667, Caboolture Qld 4510

CCaBSS
Caboolture Counselling
and
Budgeting Support
Service

**Bubbles Kids
Cooking©**

Cooking for lifelong learning

Phone: 5495 2571

Created: 27/10/2020

Bubbles Kids

Cooking©

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This program uses the same model as “Dads On A Journey”© (for Men who have used violence as a means of control) which has been running successfully for 3 years.

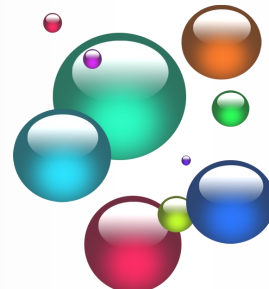
Research tells us that children who have been exposed to domestic violence, often repeat these learned behaviours as it becomes ‘the norm’ hence Bubble Kids Cooking becoming an early intervention and prevention program. The therapeutic framework for this 6 week program is based on the theories of Vygotsky’s socio cultural theory of human learning; whereby the environment in which children grow up will influence how they think and what they think about.



Cooking for lifelong learning

What will be covered during the course:

- The life skill of cooking nutritious economical meals.
- Learning what a healthy family relationship looks like.
- Good anger versus bad anger.
- Separating the ‘behaviour’ from the Person.
- What happens when we are frightened and how that impacts on everyday life.
- Sharing our story : helping and learning to move forward.
- Being the best version of ourselves.



When and Where?

Caboolture Neighbourhood Centre
9 George St, Caboolture

2021 dates:

| | |
|--------|-------------------------------|
| Term 1 | 2nd February—9th March |
| Term 2 | 27th April—1st June |
| Term 3 | 20th July—24th August |
| Term 4 | 12th October to 16th November |

Time:

3.30pm to 5.00pm

Tuesday afternoon

Parent contribution:

\$60.00 per child course costs
(non-refundable) To be paid prior to commencement of course

For Bookings phone: 5495 2571

